

# Massages

## Combination Massage

30 min - 60 // 50 min - 110 // 70 min - 145 // 90 min - 180

This is a type of massage using a variety of techniques specifically designed to relax muscles by applying light to medium pressure and massaging in the same direction as the flow of blood returning to the heart. These techniques increase oxygen flow in the blood, releases toxins from the muscles and shorten recovery time from muscular strain by flushing the tissues of lactic acid and metabolic wastes. It increases circulation and stretches ligaments and tendons, keeping them supple and pliable.

## Deep Tissue Massage

30 min - 75// 50 min - 125// 70 min - 165// 90 min - 205

This is a type of massage that releases the tension in the body by using slow, deep strokes pressed across the muscle fiber. When muscles are stressed, they block oxygen and nutrients, leading to inflammation that builds up toxins in the muscle tissue. This massage loosens muscle tissues, releases toxins from muscles and helps circulate blood and oxygen in the muscles.

## Hot Stone Massage

30 min - 75// 50 min - 125// 70 min - 165// 90 min - 205

Hot Stone Therapy is a form of massage that uses specially heated stones combined with massage movements. It has healing properties for both the skin and muscles.

## Prenatal Massage

30 min - 70 // 50 min - 120 // 70 min - 155// 90 min - 190

Multiple positive effects including: Lowered anxiety, decreased back and leg pain, improved sleep and decreased levels of the stress hormone norepinephrine. Using our EarthLite Pregnancy Bolster that is medically tested and has a patented design. \* Can only be performed in 2nd or 3rd trimester.

## Massage for Two

80 min - 270 (Add a couple's spa pedicure for 115)

Enjoy a side by side 50 minute combination massage for 2 in our Spa Suite. Relax in the privacy of your own steam, shower and rest room for an additional 30 minutes.

## Vichy Shower - 110 (In combination with any massage - 95)

7 shower heads rain over your body as your skin is shampooed then exfoliated with a rich blend of essential oils, scrubs, and a moisturizer that leaves you renewed and soft.

## Raindrop Treatment

30 min (back only) - 75 // 50 min (back, hands, feet) - 95

Relieve muscle spasms and inflammation with a special blend of aromatherapy oils that create deep relaxation and restorative energy.

## Lymph Drainage

Face - 50 (40 added to your favorite facial) // Body - 60

Stimulation of the lymphatic glands and helps to bring lymph back into the blood stream where it is broken down.

## Reflexology

30 min - 75

Balance your entire body with foot or hand reflexology.

## Aromatherapy Add-on - 15

Essential oils are used to affect breathing, stress levels, blood pressure, and mental clarity. We offer a variety of leaves, flowers, grasses, woods and roots to choose from.

steel  
magnolia  
spa & salon

Sunday - Thursday 10am - 7pm

Friday - Saturday 10am - 9pm

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## Our Policy

New clients are asked to please arrive **15 minutes** in advance for your reservation to allow time for your consultation. Being on time is appreciated both in consideration of our other guests and in order for you to receive your full services. At the time of scheduling, your credit card information will be required to hold your reservation. A 24 hour minimum notice for all cancellations is requested. The full service fee will be charged on any cancellations that do not adhere to the 24 hour cancellation policy including no show appointments. Please do not cancel your appointment via email. An additional 18% service fee is added to all services at checkout. We reserve the right to refuse service to anyone, as well as change pricing and services at any time.

## Spa Packages

### Beautify Me - 150

Single process color, blow out, classic manicure, spa pedicure.

### Pamper Me - 245

30min combination massage, relaxing facial, classic manicure, spa pedicure, and blow out.

### Spoil Me - 400

50min combination massage, relaxing facial, spa manicure & pedicure, blow out, and makeup application

### Detox Me - 285

50min combination massage, mud body wrap, and vichy shower.

## Body Wraps

Take \$10 off when you add a wrap to any facial, massage, or vichy.

### Detox - 95

A far-infrared radiant heated sauna blanket is used to detoxify, relieve joint pain, improve skin conditions, remove cellulite, burn calories, lose inches and more!

### Seaweed - 80

Kelp harvested in the USA from the Atlantic Ocean. Detoxifies and adds nutrients to the skin. Scientifically proven to assist with acne, psoriasis, eczema and removing cellulite.

### Mud - 80

Mineral content accelerates natural exfoliation and restores your skin's pH balance, promotes blood circulation, and eases aches and pains by stimulating the circulatory system

## Nails

### Classic Manicure - 30

Includes shaping, cuticle clean up, hot towel, massage, and polish.

### Maintenance Pedicure - 45

Includes shaping, cuticle clean up, sole sloughing, lotion and polish.

### Spa Manicure - 60

Includes forearm and hand exfoliation, lotion, massage, mask, nail shaping, cuticle maintenance, and polish.

### Spa Pedicure - 65

Includes foot and leg exfoliation up to the knee, mask, lotion, massage, nail shaping, cuticle clean up, sole sloughing, and polish.

### Soak-Off Gel Polish - 45

Includes shaping, cuticle clean up, massage, and gel polish.  
Complimentary removal when you're ready.

## Nail Add-Ons

### French Polish - 10

### Polish Change - 15

### Soak Off - 10

### Nail Art - 3 & up

### Nail Prosthetic - 5 & up

### Nail Repair - 3 & up

### Paraffin - 15

### Hand/Foot Massage

1.50 per minute

## Facials

### Relaxing Facial - 75

Designed for clients who want to relax or just want to try a facial treatment. Includes surface cleansing, exfoliation, relaxing massage, mask and moisturizer.

### Our Customized Facial - 130

Customized to your skin needs. This facial is for all skin types, including men.

### Gluten Free Facial - 125

Facial with all gluten-free products

### Back Facial - 95

Special treatment for the back to reveal brighter, smoother skin.

### Clinical Acne Facial - 125

Treatment is to calm and correct acne-prone skin and may be used on the face, chest, or upper back. Promotes blemish-free and youthful-looking skin.

### Reconditioning and Firming - 125

For dehydrated, aging, and environmentally damaged skin types. For dehydrated, aging, and environmentally damaged skin types.

### Refining Treatment - 125

For men who suffer from ingrown hairs due to shaving. Can also be used on the neck, chest, arms, back or legs. Good for all skin types.

### Sensitive Skin Treatment - 125

Designed to calm and soothe compromised skin including reducing erythema, irritation, and inflammation providing cooling relief for redness and flushing that often accompanies rosacea, while improving the appearance of problematic skin. No extractions. Includes cleansing, exfoliation, relaxing massage, mask, and moisturizer.

### Deep Cleansing Brightening - 130

This facial is suitable for most skin types desiring a more even complexion. Numerous brighteners work together to leave the skin luxurious, moisture rich, and radiant looking. Includes deep pore cleansing, exfoliation, relaxing massage, mask, and moisturizer.

### Hydrating Facial - 125

Revitalize your skin that has become dull and flaky due to lack of hydration. Includes cleansing, exfoliation, steam, relaxing massage, mask, and moisturizer.

### Microcurrent Facial - 200

Improve muscle tone in the face and neck. Lift jowels and eyebrows. Reduce and eliminate fine lines and wrinkles. Improve facial circulation. Aid in lymphatic drainage. Enhance product penetration to treat multiple skin problems.

### Oxygen Treatment Facial - 150

A non-invasive facial treatment for acne, rosacea, and sun damaged skin. The lightening and vasoconstriction capabilities give instant results softening the appearance of fine lines and wrinkles. The result is smooth, plump and luminous skin with a feeling of firmness.

### Microdermabrasion Facial - 175

"Instant Facelift" that gently removes the surface layer of the skin. Can be performed all over the body. For all skin types.

### Microneedling - 285

Collagen induction therapy, collagen production, diminishes fine lines, plumps the skin, combats acne scars, wrinkles, and stretch marks.

## Makeup

### Full Face - 70

### Eyes - 25

### Eyebrow Tinting - 35

\*Peanut-based formula

### Eyelash Tinting - 45

\*Peanut-based formula

### Lavish Lash Semi Permanent

### Eyelash Extensions

### Application - 350 Fills - 85

### Eyelash Perming - 75

## Waxing

### Eyebrows - 25 Underarms - 30

### Chin - 12 Hands or Feet - 15

### Lip - 12 Full Leg - 85

### Full Face - 40 Half Leg - 45

### Arms - 45 Back - 75

### Brazilian - 85 Abdomen - 40

### Bikini - 50 Chest - 35

## Hair (Pricing Starting at)

### Short Haircut - 65 Single Process Color - 70

### Long Haircut - 70 Double Process Color - 140

### Men's Haircut - 35 Partial Highlights - 80

### Trim - 20 Full Highlights - 150

### Blowout - 35 Ombre/Balayage - 200

### Glaze - 65 Keratin Treatment - 250

### Toner - 20 Olaplex Treatment - 35

### Curl/Flat Iron - 25

### Updo - 80

## Spray Tanning

### Full Body - 60

### Face/Neck - 30

### Legs - 40

Ask about our facial peels!